

Weekly Cleaning Tasks

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES

Weekly Cleaning Tasks

MONDAY

VACUUM AND MOP FLOORS

WEDNESDAY

WASH & FOLD A LOAD OF LAUNDRY
EMPTY TRASH BINS

FRIDAY

WIPE DOWN KITCHEN COUNTERS
WIPE DOWN CABINETS
CLEAN KITCHEN SINK
ORGANIZE/PICK UP ONE ROOM
OR AREA IN THE HOUSE

SUNDAY

20-30 MINUTE TIMER FOR
ANY ADDITIONAL TASKS!

TUESDAY

CLEAN TOILETS, TUBS, & SHOWERS
DISINFECT SURFACES IN BATHROOMS
WIPE DOWN MIRRORS

THURSDAY

WIPE DOWN ALL APPLIANCES
THROW OUT ANY EXPIRED FOOD

SATURDAY

WASH ALL SHEETS AND TOWELS
AT LEAST ONE LOAD OF LAUNDRY
DUST HIGH PRIORITY SURFACES

NOTES
